

# WorkChoice Solutions, LLC

Introducing,

## **The Navigator's Handbook** *101 Leadership Lessons for Work & Life*

Well known leadership consultant and motivational speaker, David A. O'Brien is pleased to announce the completion of his first book, **The Navigator's Handbook, 101 Leadership Lessons for Work & Life.**

Based on lessons from a distinguished leadership career that spans over twenty years, the book is a collection of observations and personal experiences that explore the common denominators of truly great leaders. Using a combination of personal reflection, story telling and consulting case studies, David takes readers on a journey that is insightful, entertaining and very poignant.

The book explores some of leadership's most pressing challenges including, Employee Engagement, Organizational Change, Leadership Communication, Development Coaching and Career Management. It presents proven processes and methodologies for helping leaders to turn these challenges into opportunities for peak performance. Unlike many text heavy, academic oriented leadership books, **The Navigator's Handbook** is an action oriented and practical guide for helping leaders bring out the best in themselves and their teams. Full of fresh ideas, interesting stories and first hand accounts from the corner office, the book is a "must read" for any leader who wishes to take their team to a higher level of success.

With a heavy emphasis on learning application, the book offers a wide range of self directed assessments for teams and leaders which are designed to identify meaningful development opportunities. Additionally, each of the 10 chapters concludes with a range of activities and key lessons that foster immediate application while helping to build a Navigator culture.

**The Navigator's Handbook** is expected in bookstores and on line in June of 2008. To reserve your copy or to learn more about David's work in helping leaders and teams to be more successful, please contact David directly at 860.242.1070 or visit David on line at [www.workchoicesolutions.com](http://www.workchoicesolutions.com)